# THE KEYSTONE Special Edition

## From the Director's Desk.....

We're approaching the 40<sup>th</sup> anniversary of the IDEA. In November of 1975, President Gerald Ford signed PL 94-142, guaranteeing a free, appropriate public education for all students. It was an historic moment that has changed the lives of millions of children for the better.

Here at Keystone we provide special education and related services to approximately 855 students who have been identified with a qualifying handicapping condition. These students will experience very different outcomes than their peers from 40 years ago. Those outcomes wouldn't be possible without the commitment of each of our staff members who care enough to invest in the lives of students with disabilities. Even as we continue to look for ways to provide even better outcomes for our students in the next 40 years, we want to celebrate this moment and take time to thank everyone at Keystone who works to provide positive outcomes for children. Thanks for all you do!

Andy

#### ISSUE 4, OCTOBER, 2015

#### Keystone Learning Services

500 E. Sunflower Blvd. Ozawkie, KS 66070

785-876-2214

#### www.keystonelearning.org

#### GET CONNECTED!

Find us on Facebook (Keystone Learning Services)

and

Twitter **C** @KeystoneLeading

And for JDLA's Twitter: @**JDLA\_KLS** 

Keystone Learning Services OFFICE HOURS

> 8:00 a.m. - 4:30 p.m. Monday - Friday

Liste wild sum

Listen! The wind is rising and the air is wild with leaves. We have had our summer evenings, now for October eves!

Humbert Wolfe, Poet 1885-1940



#### **NEWS! NEWS! NEWS!**

#### **Updated Staff Professional Development Leave Request Forms**

We are updating the Staff Professional Development Leave Request form. There are now going to be 2 different forms available. One will be for any workshop this is NOT held or sponsored by Keystone Learning Services. The other will be for workshops that ARE held at Keystone. Both of these will be on our website, once updated. They will also be emailed out to staff, so watch for them in your inbox!

Questions? Call Lisa Morando or Linda Kilgore at 785-876-2214!

#### **GAMES AND BOOKS**

The SPED Department is currently looking for some gently used children's games. These need to be for grades Pre-K to  $5^{th}$  grade. (Examples: Sorry, Connect Four, In a Pickle, Guess Who & Apples to Apples Junior, etc.)

We are also looking for children's literature books for grades Pre-K to 12<sup>th</sup> grade.

If you are able to help out, please send the games and books to the Business Office.

**PUMPKIN VEGGIE TRAY** 

#### What you'll need:

- A large serving tray or cutting board
- 1 large bag of baby carrots
- 1 cucumber
- 1 head of broccoli
- 1 carton of your favorite veggie dip
- Ramekins or small bowls

#### How To:





Healthy Snacking Ideal

- 1. Create an outline for your pumpkin by laying some of the carrots out in an oblong circle. Once the carrot outline is to your liking, carefully fill in the circle with the rest of the carrots.
- 2. Remove enough of the carrots to create a cucumber-filled smile. Set the carrots you removed on top of the other carrots within your pumpkin.
- 3. Place halved cucumber slices in the space you created for your carrot pumpkin's smile.
- 4. Fill your ramekins with the veggie dip and shimmy them into place where you want the pumpkin's eyes and nose to be.
- 5. Slice off the stem of the broccoli head. Place the broccoli at the top of your pumpkin.

### Important Upcoming Events

<u>Monday</u>	<u>Wednesday,</u>	<u>Thursday,</u>	<u>Friday,</u>	<u>Tuesday,</u>
October 19 <sup>th</sup> :	October 21st:	October 22 <sup>nd:</sup>	October 23 <sup>rd</sup> :	November 10 <sup>th</sup> :
JDLA Students – No School Teacher Inservice Day	Keystone Board of Directors Meeting 7:00 p.m. in Ozawkie	LETRS Training 8:30-3:30 in Ozawkie	JDLA No School	Superintendent Advisory Council Meeting in Ozawkie

#### OTHER IMPORTANT DATES ....

LETRS trainings are coming! All trainings will be held at Keystone Learning Services. The start time for each will be 8:30 a.m. and should conclude by 3:30 p.m.

The dates for this year's trainings will be:

October 22, 2015

November 12, 2015

December 17, 2015

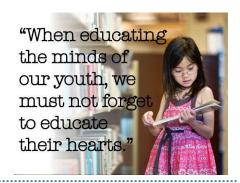
January 28, 2016

February 25, 2016

March 24, 2016

April 21, 2016

To register, send a Professional Leave form (found on our website) to <u>linda@keystonelearning.org</u>.



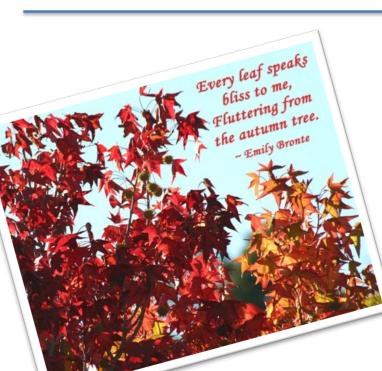
On Friday, October 16, Keystone Learning Services hosted an Infinitec Workshop entitled, Late, Unprepared and Unorganized: Technology Tools that Support Executive Functions, facilitated by Karen Janowski, Assistive Technology National Consultant!







#### Meet the Employees of Keystone Learning Services!



From Special Ed Resource Teacher **Sue Nanninga.** 



<u>Who is your hero?</u> Steve Jobs <u>Why?</u> "He believed that great harvests came from arid sources, pleasure from restraint." What is your favorite thing about your career? Seeing progress with my

<u>what is your favorite thing about your career?</u> Seeing progress with my students.

If you could choose to do anything for a day, what would it be? One thing for all day wouldn't be enough for me. I'd like to start my day out with a run then get in the dry sauna. I would follow that with band practice with my mom and dad, then yard/garden/house work at home and a swim, my ideal day.

What would you sing at Karaoke? All I have to do is Dream How would your friends describe you? Busy

How would your students describe you? "You remind me of my mother!" If you could share a meal with any 4 individuals, living or dead, who would they be? Franklin D. Roosevelt, Steve Jobs, Barack Obama, Bernie Sanders Who was your favorite teacher in school and why? Mrs. Scott, She was my choir teacher and had MS but was a beautiful, soft spoken woman with a great attitude given her situation.

What song best sums you up? I'm Alive (Life Sounds Like) by Michael Franti & Spearhead (I have a new boyfriend of just over a year) If you could join any past or current music group, which would you want to join? Peter, Paul and Mary

If you had to describe yourself as a plant, which one would it be? Orchid



My name is **Laurie Bigham.** This is my fourth year teaching for Keystone. This is my first year working as the Interrelated teacher at Jefferson West Middle School, for grades 7 and 8. Previously, I worked at McLouth Middle School as the Interrelated teacher for three years. I live in Meriden, KS. I have 3 sons who attend Jeff West schools. I have an 8th grader, a 5th grader, and a 3rd grade son this year.



According to my students I am sometimes a boring teacher, but usually I am fun. It just depends on what we are working on that day. My friends would probably describe me as the weird one.

If I could do anything for a day, I would love to take a trip to Italy and sail through Venice on those little boats. And of course, I would eat lots of pasta and some cannoli.

My karaoke song of choice is the Journey song "Don't Stop Believing". Cliché, I know, but it is my go-to song. Maybe it is because it is also the song that best sums me up. I have taken a long time to get to where I want to be in life, but it is because I never gave up on my dreams. In fact, if I could join a music group, I would probably join Journey because they were always my favorite band growing up, and I still enjoy their music. (I even drive a Journey!) They lost their original lead singer, and I saw them live 4 years ago with a new lead singer, if he ever quits, maybe I will do that next!

If I could share a meal with any 4 individuals, living or dead, I would pick my randparents. 3 of them have passed away, and the only one still alive is my granny who just turned 90 this September. I had a hard time pinning down which one of my 4 grandparents to choose as my hero, so I will pick them all. One set of grandparents are the only people in my family who ever went to college until I did. They were an inspiration for me when I chose to begin college to earn a teaching degree. My other set of grandparents also made me memorize my math facts and my capitals and encouraged my life-long love of learning. I would love to sit down with all 4 of them right now and tell them that I am living my dream of teaching and just finished my master's degree. I think they would be proud!

#### Meet YES Program's Emily Bare ....

My hero is my 1st and 3rd grade teacher, Mrs. Linda Bottorff. I loved watching her teach with excitement and making us kids join in on the fun. She has always been my inspiration. My favorite thing about my career\_is the students. You get to know each individual and their personality. You get to earn their trust as well as they earn yours. The positive relationships you gain with each and every individual is something that as a teacher you



will not forget for life. If I could do anything for the day I would love to have a student take over and teach my classroom. I have always wanted the students to do a report card on me. This year during report card time I am going to have the students do a report card on me. I am very interested in seeing how they grade me. I would be very interested in learning how the learn things from me, are they understanding me the way I think they are, are they understanding my stance and my teaching strategies? I think this would be very interesting. I hope my friends would describe me as fun, loyal, empathetic, sympathetic, caring, loving, and always there for a smile. My students would probably describe me as sometimes happy, sometimes fun, sometimes cranky and hopefully as a good teacher and somebody they would trust and like to talk to. I would share a meal with my mom, grandma and my son. Together we always have fun and exciting conversations that can lead to lots of laughs. My favorite teacher is the one who opened my eyes to education, Linda Bottorff, my first grade teacher. She was awesome and so much fun! Without having her I wouldn't have become a teacher or at least the teacher I am today. I am an oldie, but I always loved the JUDDS, and always wanted to be part of them. I would be a JUDD. The plant that best describes me is a tree. Free, ready to cover people when they may need to be shaded or protected. I like feeling as thought I am protecting. I like to give people smiles, and the wind at times helps the people smile and feels good and like vou are free.



Hello. My name is **Janet Fox.** I am a full time para at Jefferson West Elementary School. I was previously a substitute para at JWES for approximately 5 years. I was also a library volunteer at the Ozawkie School when the 4<sup>th</sup> and 5<sup>th</sup> graders attended there.

My professional careers included 22 years at KPL (now Westar) and 12 plus years at Payless ShoeSource. When I lived in Washington, DC, I was employed by the CIA as a proofreader.

My elementary school years were in a one room school where one teacher (Mrs. Brooks) taught all 8 grades. We had no indoor bathroom and no electricity. After 8<sup>th</sup> grade, I attended and graduated from Silver Lake High School.

In my free time, I like to attend dirt track racing. I have been going to dirt tracks all over the USA for over 50 years.

The students that I work with are a delight. The reward is when you can see the progress a student has made during the year. The hugs you get are a bonus!!!!



I am **Denise Selbee-Koch** and I am a Social Worker. I am also a wife to Marcus, a mother to Marek (16) and a host mother to German exchange student Hendrik (15). I am also a daughter, sister and friend! In addition to these roles, I am the owner of Dirty Girl Adventures, an outdoor adventure empowerment community geared toward women. (www.dirtygirladventures.net)

I enjoy being a school social worker because I enjoy working with students. Watching students learn and grow into strong independent people is a joy. I also enjoy working with teachers who need support in meeting the diverse needs of students. I like working with others to identify possible solutions or strategies for improvement. I work in three districts: Pleasant Ridge, Jefferson County North and Atchison County Community School District. I try to spend at least one full day in each district. My son attends school in Oskaloosa, where I am a board of education member. It is interesting to feel connected to four districts.

I definitely don't sing karaoke! However, I love music and going outside to hike, kayak, ride my bicycle, garden or relax. I also go outside to ride a Harley Sportster 1200 and enjoy riding with Marcus. I love live music and dancing; my favorite band is a tough choice as both Marcus and Marek play in bands as well as individually. I love to listening and watching both of them play.

I think that all of my friends and family would describe me as outdoorsy and high energy. I am usually very optimistic and tend to try to find the positive or fun in any situation. I have really enjoyed the inSpire Leadership trainings this year as they have helped me focus on being more mindful of my daily attitude and my daily approach to challenges.

I am hoping to teach a weekly fitness class, or two this winter at Keystone again. I enjoy health and wellness and work to incorporate mental, emotional, spiritual and physical health into my daily living. I hope that we will be able to create a schedule for both a boot camp and a yoga/Pilates class as the weather cools and it is less pleasant outside.

Hello my fellow Keystonians. I am Elaine Cannefax, one of your friendly social workers. This is my 5th year at Keystone. I live in Lawrence, KS with 4 of my 6 boys, one future daughter-in-law, and one young man that I took in. My house is a testosterone zone and I enjoy coming to work to find some peace and serenity. I enjoy being a school social worker and tell people all the time that even if I had it to do over again, I would go into the same line of work! I think social work is rewarding because we are in a position to really make a difference in the lives of others. Social workers spend a lot of time planting seeds, knowing that they may never see the fruits of their labor. In my spare time, I enjoy spending time with family and being involved with their activities.



~MEET ELAINE~



*←AMBER* 

I am Amber Blitch. I am a new para this year, working at Perry Lecompton Middle School. I have been married to the love of my life for 16 years. Together we have a combined total of five hooligans. We have a 6th grader, a 4th grader, a kindergartener (all boys!) and just to cover all bases, I have two step kids who are 18 and 21. As one might guess I really enjoy kids. I have previously worked in daycare for a number of years. I have been privileged enough to stay at home for the last few years and be my number one job: Mom. Done out of love and necessity since my husband was over seas in Iraq and Afghanistan helping protect the men that protect our beautiful country. In my spare time I love to research genealogy, photography, and read fiction novels. If I were to dine with any four people living or deceased. I would send my invites to George R. R. Martin, to discuss "the Game of Thrones". In said discussion I would hopefully persuade him to stop killing all of my favorite characters and perhaps come up with an ending that I will be happy with. My next invite would go out to the oh so great Johnny Depp. I would request he come as his movie character, Jack Sparrow. I really love that insane pirate. Once Johnny/Jack arrived I am sure this would be quite an interesting dinner. Thirdly, I would invite my very much deceased 5th Great Grandfather William Dalaba. I really would like to sit down and get to know him and find out who his parents were to help me figure out the rest of my family tree. Lastly I would invite Michael David Rosenberg aka Passenger. I am a fan of his music. He could also sing to the other guests and I after we have had dessert.





I am a 6th year teacher of special education. I live in Oskaloosa with my husband Jason and our two fur babies Hunter & Olive. I teach Art, FACS, Ukelele and Health at JDLA. I attended high school in East Peoria, Illinois where I grew up on the outskirts of town halfway between the city and country. My favorite teacher was Champ Walker my World History teacher. He made class engaging, informative and memorable which can be a relatively hard feat when working with seniors right before they graduate. We never once had senioritus while attending his classes. This is the kind of teacher I strive to be, one who engages their learners and keeps them interested in the subject matter while adding an element of fun. If my students or friends were to describe me I think, and hope, they would use words like Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent. For you non-scouters out there, this would be the Boy Scouts' Law which means a great deal to my husband and I. We live at Falley Scout Reservation where Jason is the properties manager/ranger. We met through scouting and now live at a camp dedicated to scouting.

As a plant, I would be a Cast Iron Plant. Aptly named, the cast iron plant is ruggedly hardy. It can survive with little light, tolerate irregular watering, and weather fluctuating temperatures to last all year. I have an eclectic taste in music, art, books, and movies. If I had to sing Karaoke, I would probably pick something from Patsy Cline, The Eagles, The Cranberries, Amy Grant, Garth Brooks, Straight No Chaser, or Adele. This is probably why I could not pick just one song to describe me nor could I pick just one band I would want to join. When given a day off free from all responsibilities, I love to read, sew, listen to music and paint or draw. If I could host a dinner party and invite anyone alive or dead, I would invite Vincent van Gogh, Robert Baden-Powell, Howard Gardner, and Mary Cassatt. All of these people could be considered my "heroes" for they have had significant impacts on my life, career and artwork.

My name is **Breanna Krueger**. I am a speech-language pathologist originally from Olpe, Kansas, currently living in Lawrence. I have two kids, a boy (7) and a girl (4), and a cat named Roger. I am also a doctoral student at KU, and will be finishing up sometime in 2017. I love my career because there is always a new challenge! No two children are ever alike and that keeps me motivated to try new things. If I could choose to do anything for a day, it would be to devote a full day to my poor, abandoned hobbies. I love to knit, crochet and spin on my spinning wheel, and I also love to play my piano. I also enjoy gardening and reading (my commute to Easton gets me about a book a week in audiobooks!). My friends would describe me as a jack-of-all-trades (master of none), and my students would describe me as goofy. My favorite teacher in school was the gifted coordinator for my district. She knew me well, and always worked to get me into things that were interesting to me. I would love to be a member of the Beatles, and if I were a plant, I would be some sort of succulent, because they're hardy, and so am I (I have dozens of them in my home).





## **Allen Reinke**



This is my fourteenth year at NEKESC/Keystone (for those of you who know what NEKESC stands for). I have From Special Ed Resource Teacher been placed/taught at ACCHS, JDLA, and now Pleasant Ridge. I am currently teaching high school in the morning and elementary in the afternoon. However, that may be changing around the first part of October. I then may be teaching high school in the morning and jr. high in the afternoon. I will just have to wait and see.

> I am a single grandparent who is raising three grandchildren by myself. They are currently in 4th, 5th, and 6th grades at Valley Falls where we live. My grandchildren are active in boy and girl scouts, 4-H, dance and competitive dance teams, and shooting sports (archery and bb gun). My granddaughter just qualified for the state 4-H archery match. She was also on the team that gualified for the Nationals in 4-H bb gun. She did not get to attend because they wanted to give older team members who had not been to nationals the opportunity to attend. No problem, she has a number of years to still do that. They are also involved in football, volleyball, basketball, baseball, and softball. All three also run 5K's and placed in the top three in their age divisions and most of their races, including the Sunflower State Games.

Looking at what I wrote in the paragraph before this, I guess you wonder when I have time to do something for me. To be honest, so do I!!! When I have time, I like to fish and hunt. However, the thing I like the most is watching my grandchildren participate in activities.

1) Hero/why: My Dad because he taught me about life, what it takes to be a good person, and a person of faith. 2) Favorite thing about career? Working with students

- 3) If you could choose to do anything for a day, what would it be? Have another day with my wife
- 4) Karaoke song: Keeper of the Stars or Nothing going to stop us now
- 5) How would friends describe you? Good listener, empathetic, and a person of my word.
  - 6) How would students describe you? Sense of humor, tough but fair

7) Who would you share a meal with? I am going to pick 5: My wife, my mom and dad and my mother and father in law

8) Favorite teacher? Mr. Smith - he was the teacher I respected the most and learned the most from.

9) Which song best sums you up? Living on a prayer

10) Which music group would you join? Journey

11) What plant best describes you? A cactus



#### Looking for Intervention Ideas?

#### **Check out Intervention Central!**



Intervention Central (<u>www.interventioncentral.org</u>) is a free resource for teachers, parents and districts and offers many intervention ideas for students who are struggling with learning and behavior. Academic interventions and strategies for reading, mathematics, self-management and behavior are offered through a variety of sources. Here are a few highlights:

Are you interested in managing group behaviors with a mystery motivator? Check out:

http://www.interventioncentral.org/classroom\_management\_mystery \_motivator

If you are looking for ideas for phonics instruction take a look at: <u>http://www.interventioncentral.org/academic-interventions/reading-phonics/letter-cube-blending</u>

Are you trying to build sight word vocabulary for a student? Here are a few methods to try: http://www.interventioncentral.org/node/968418

There are also many ideas on this site for managing challenging behaviors such as: <a href="http://www.interventioncentral.org/behavior\_big\_ideas">http://www.interventioncentral.org/behavior\_big\_ideas</a>

http://www.interventioncentral.org/behavioralinterventions/challenging-students/breaking-attention-seeking-habitpower-random-positive

If you are looking for CBM resources/graphing resources/data collection resources there are numerous choices on this site. If you find something that you think would be of interest to others, feel free to share what you find with us. We're always looking for new and interesting ways to engage our students.

Submitted by: Janet Tust, School Psychologist



Infinitec

infinite potential through technology

Did You Know...

Most <u>Live Webinars</u> on Infinitec are <u>Archived</u> and can be viewed at a time more convenient with *your busy teaching schedule*! When you register for a <u>Live Webinar</u>, a link will be sent out shortly after the scheduled event so registered participants can watch an <u>Archived</u> version of the webinar.

#### **Noteworthy Upcoming Events:**

Log into the Infinitec Website and view "Calendar" to register for events.

Mobile Devices & Inclusive Classrooms – Coming up	
with a Plan	
By M. Marotta	

Apps to Support Students with Executive Functioning By Mark Coppin October 26 @ 3:30 -- Live Webinar – Will be Archived

- Live Webinar - Will be Archived

October 20 @ 3:30

For more information about Infinitec contact:

Cindy Malone, MA, CCC-SLP - cmalone@keystonelearning.org

Beth R. Zillinger, MS, CCC-SLP – bzillinger@keystonelearning.org

#### Assistive Technology: Organization Tools

Do your students need help staying organized? Do you need help staying organized? Check out these **<u>Free Resources</u>** to help you

- Keep track of your tasks
- Organize Projects
- Reminders

**Remember the Milk** http://www.rememberthemilk.com/ Available: iDevice, Android, Google Play, Web

Todo.ly

http://todo.ly/ Available: Web



MyStudyLife https://www.mystudylife.com/ Available: iDevices, Android, Windows 8, Web



Keystone AT Team Members: Emily Bare, Stacy Diehl, Darcie Hearn, Cindy Malone, Kara Mitchell, Pederson, Carol Snyder, Abby Strathman, and Beth Zillinger (Team Coordinator)

# KEYSTONE AUTISM INTERDISCIPLINARY TEAM

#### What to learn more about Autism?

Checkout these website resources to learn more about Autism.







TASN – Autism & Tertiary Behavior Supports http://ksdetasn.org/atbs



First Signs http://firstsigns.org/

Beth Zillinger, MS, CCC-SLP

Keystone Learning Services Autism Consultant

bzillinger@keystonelearning.org

(785) 876-2214 ext. 224

Keystone Autism Interdisciplinary Team Members include: Amy Conklin, Stacy Diehl, Hana Dreiling, Michaela Driscoll, Cindy Malone, Kara Mitchell, Marie Moore, Amy Pound, Elizabeth Schmelzle, Becky Stewart, Janet Tust, Tyson VanDyke, Kim Wheeler, Kathy Young

## Count Your Kid In!



Call today to schedule a free appointment for your child at one of these locations: November 20, 2015-Meriden

December 11, 2015-Valley Falls

January 15, 2016-McLouth

February 19, 2016-Effingham

March 4, 2016-Nortonville

April 15, 2016-Easton

May 13, 2016-Lecompton

June 10, 2016 Oskaloosa

# FREE INFANT and PRESCHOOL SCREENING CLINICS

Keystone Learning Services and the Jefferson County Health Department offer Count Your Kid In clinics throughout the school year for infants and preschool children, free of charge. If you have concerns about your child's development, this free screening will provide help for children 0-5 years of age. Children are screened in areas of speech/language development, motor development, concept development, social skills, vision and hearing. Trained professionals in these areas will screen your child. Screenings take place in local community settings and last approximately 1½ hours. Contact Lesa Brose at Keystone Learning Services at 785-876-2214 ext. 201 to schedule an appointment.

**November Screening Information** 

WHEN: Friday, November 20th, 2015

WHERE: Meriden Methodist Church, Main & Dawson Streets, Meriden, KS 66512



If at any time you need to schedule a meeting room or the conference room at Keystone Learning Services, please contact Linda Kilgore at <u>lindak@keystonelearning.org</u>



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www.keystonelearning.org